

Klein Forest

Strength and Conditioning (C)



## 2025 Klein Forest (7th-12th grade) Strength and Conditioning Camp

**Camp Start Date:** June 9, 2025

**Start Time:** 9:00:00 AM

**Camp End Date:** July 17, 2025

**End Time:** 3:00:00 PM

**Date Details:** Click on the following link for specific dates and times for this camp:

[https://docs.google.com/document/d/1J5\\_Wz3EdDAstsoXTIM8BX\\_MjnYFxbUbg/edit?](https://docs.google.com/document/d/1J5_Wz3EdDAstsoXTIM8BX_MjnYFxbUbg/edit?usp=sharing&ouid=109622566410006731951&rtpof=true&sd=true)

[usp=sharing&ouid=109622566410006731951&rtpof=true&sd=true](https://docs.google.com/document/d/1J5_Wz3EdDAstsoXTIM8BX_MjnYFxbUbg/edit?usp=sharing&ouid=109622566410006731951&rtpof=true&sd=true)

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**Venue Name:** Klein Forest Competition Gym

**Venue Address:** 11400 Misty Valley, Houston, TX 77066

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**Camp Cost:** \$135.00

**Questions:** Remon Smith [rsmith7@kleinisd.net](mailto:rsmith7@kleinisd.net) (832) 249 - 4299

### Special Notes:

A current physical must be on file in order to participate in Strength and Conditioning Camp. Cancellation Policy: Letter of explanation and \$20.00 charge per camp will be deducted from original camp fee.

### Medical Info:

KISD Waiver (Acknowledge Receipt during Completion of Online Application) I, the undersigned, being the individual, spouse, or legally authorized and qualified guardian agree to hold the Klein Independent School District, its Board of Trustees, administration, and/or faculty, harmless from all liability for any injuries which my son/daughter may receive while participating in any recreational activities or utilizing the Klein Independent School District facilities. I hereby authorize the athletic director, coach, and/or district employee to secure medical services for any family member if necessary and I agree to pay, either directly or through my own personal health and accident insurance policy, all medical or hospital costs.